COVID Guidelines for Spring 2024 Harvard Public Schools

Please follow the latest Centers for Disease Control and Prevention (<u>CDC</u>) <u>guidelines</u> when determining next steps for your family's COVID response. The steps are similar to precautions with other respiratory viruses.

- Stay home until symptoms have improved and you have been fever free without the use of medications for 24 hours.
- Take precautions for 5 days following your return to activities (including school)
 - Recommended precautions include taking more steps for cleaner air, enhancing your handwashing practices, wearing a well-fitting mask, keeping a distance from others, and/or getting tested for respiratory viruses

Thank you for your partnership in keeping our community as healthy as possible. If you have questions, feel free to reach out to our school nurses:

Jessica Capobianco; lead nurse at TBS - jcapobianco@psharvard.org Nancy Labbe; nurse at TBS - <u>nlabbe@psharvard.org</u> Amanda Sutherland; nurse at HES - <u>asutherland@psharvard.org</u>